

GETTING READY FOR YOUR TRANSPLANT

WHAT IS A JP DRAIN?



Jackson Pratt Drain (JP Drain) is a small tube with holes that is put under the incision. A bulb container is attached to the tube to hold the drainage.

Emptying the JP Drain into a Cup

1. Wash your hands
2. Hold the bulb upright
3. Open the plug at the top
4. Empty the drainage into a cup. Do not touch the tip of the plug
5. While squeezing the bulb, replace the plug. The bulb should look flattened or squeezed together
6. Wash your hands
7. Measure the drainage and color of the output and record the amount. Empty the drainage into the toilet
8. Wash your hands

Emptying the JP Drain Using a Syringe

1. Wash your hands
2. Hold the bulb upright
3. Open the plug at the top
4. Wipe the site with alcohol wipes and attach the syringe by turning it in a clockwise motion
5. Pull back on the syringe plunger to remove as fluid as you can, without using too much force
6. Disconnect the syringe
7. While squeezing the bulb, replace the plug. The bulb should look flattened or squeezed together
8. Wash your hands
9. Measure the drainage and color of the output and record the amount. Empty the drainage into the toilet
10. Wash your hands

When to Call Your Doctor

- If any swelling, redness, or opening of the incision site
- Increased drainage or bleeding from the incision site
- Bad smell coming from the incision site
- Chills and/or fever
- The tube falls out
- The drainage changes color. There should be no bright red blood
- Talk to your doctor about how much drainage should be expected



This information should not replace medical advice from your doctors or medical team. We encourage our readers to follow their transplant team's medical advice and reach out to their doctors and medical team for further recommendations.